



STOP PERFORMING LEADERSHIP. START LIVING IT.

Built for leaders early in the journey — shorter sessions, lighter assessments, group options.

WHO THIS IS FOR

First-time managers, high-potential individual contributors, and rising team leads who are stepping into greater responsibility for the first time.

This track uses the same ON TARGET Leadership Model as our Executive Coaching track — but with a format matched to where you actually are: shorter sessions, one lightweight assessment instead of a full battery, and group options built in from the start.

HOW THIS DIFFERS FROM EXECUTIVE COACHING

- **Shorter sessions** — 45 minutes vs. 60, matched to the pace of an emerging leader's schedule.
- **One lightweight assessment** instead of a full instrument + dedicated debrief.
- **No stakeholder interviews or 360 reviews** — the focus stays on individual development.
- **Group and cohort formats** available at every tier, not just as an add-on.



EMERGING LEADERS COACHING PACKAGES

Discovery calls are complimentary: 30 minutes, no pitch, just clarity.

COACHING · ENTRY LEVEL

Jumpstart

"Four sessions to surface clarity and build early confidence."

INVESTMENT

\$750

or \$187/session

DETAILS

🕒 3 months

4 sessions (45 min each)

WHAT'S INCLUDED

- Light strengths check-in built into session 1 — no separate assessment or debrief
- Targeted goal-setting + action plan
- Email support between sessions

IDEAL FOR

Leaders exploring coaching for the first time, or navigating one specific, immediate challenge.

COACHING · FOCUSED ★ RECOMMENDED START

Momentum

"Six months of structure and community to build lasting habits."

INVESTMENT

\$1,350

or \$225/session

DETAILS

🕒 6 months

Sessions (45 min each)

WHAT'S INCLUDED

- Lightweight strengths assessment (no full battery or separate debrief)
- Personalized growth + accountability roadmap
- Shared resource library / toolkit access
- Optional peer accountability pod

IDEAL FOR

Leaders ready to build sustained momentum with structure and community, not just individual sessions.



EMERGING LEADERS COACHING PACKAGES (CONTINUED)

COACHING · SUSTAINED

Signature

"Eight sessions to step confidently into a first leadership role."

INVESTMENT

\$2,800

or \$350/session

DETAILS

🕒 6 months

8 sessions (45 min each)

WHAT'S INCLUDED

- Single strengths or personality assessment + debrief (no 360 or stakeholder interviews)
- Personalized development plan
- Optional group cohort format available in place of 1:1

IDEAL FOR

Leaders ready to address a specific development area or step into a first leadership role with real structure.

GROUP · ORGANIZATION-SPONSORED

Sponsored Cohort

"Group-based development for multiple emerging leaders together."

INVESTMENT

By Discovery Call

Scoped to your engagement

DETAILS

🕒 Scoped to your team
Fully group-based

WHAT'S INCLUDED

- Group-based development for multiple emerging leaders in one organization
- Scoped to team size, timeline, and organizational goals
- Organizational billing available

IDEAL FOR

Organizations investing in a group of emerging leaders together.

Ready to Take the Next Step?

I'll prepare a personalized engagement outline that aligns with your goals and timeline.

reggie@ontargetcoachingconsulting.com · ontargetcoachingconsulting.com · 336-501-5828